



# SACReD

Spiritual Alliance of Communities  
for Reproductive Dignity

## **SACReD Covid Policy for In-Person Events**

### **SACReD's Relational Commitments to the Health and Well-being of all Participants**

As a faith-based Reproductive Justice-grounded organization, SACReD follows the lead of those within the disability justice movement who have lifted up

1. COVID-19 as a mass disabling event;
2. the overlap between disability justice and reproductive justice and;
3. the importance of communal care in an increased time of government abandonment of the most vulnerable.

We also uplift the SACReD core values of joy, justice, wholeness, and compassion grounded in our various religious principles, such as *pikuach nefesh* (to save a life), *kujichugalia* (self-determination), and *imago dei* (image of God). Keeping each other safe is something we must all be committed to while also respecting the autonomy of each individual. Many of us and our loved ones are essential workers, are immunocompromised, are living in multi-generational households, and have other factors that put us at higher risk. To that end, we continue to take COVID-19 and overall wellness seriously, even as local and federal mandates have been lifted.

This policy is informed by feedback from SACReD partners & participants, disability justice frameworks & research, infection prevention science, and SACReD's commitments to community care.

### **SACReD will be providing the following on-site:**

- Covid testing upon arrival and additional tests made available to all participants who wish to do follow up testing throughout the conference
- Individually wrapped N95 or KN95 masks
- Hand sanitizer
- Air purifiers
- Nitrile gloves

- Immediate notification to all participants should we become aware of a positive test result during the conference
- Support for any individual who tests positive with quarantining and receiving the care they need

**Additionally we ask all attendees to join us in our collective care efforts by committing to the following:**

- Test before traveling
- Do not travel if you have any symptoms or do not feel well.
- Testing on-site at check-in in order to register and receive your name badge for the conference. We will have a testing station set up near the registration table at the hotel.
- Wearing masks when we are in the large plenary space.
- Washing hands often or using hand sanitizer (with at least 60% alcohol).
- Practicing consent around touch and how close others may want to be.
- If you begin to feel unwell, remove yourself from the event space immediately and contact the designated SACReD Hospitality Team member. Contact information for this person will be provided at the event.
- In the event someone tests positive onsite, they will be asked to isolate themselves in their hotel room and will not be allowed to join in-person programming.

## COVID-19 Travel Checklist

### BEFORE YOU TRAVEL

Before you travel, consider the following:

- Are COVID-19 cases increasing at your destination? The more cases at your destination, the more likely you are to contract COVID-19 during travel and pass the virus to others when you return.
- Do you live with someone who might be at increased risk of severe illness from COVID-19?
- Are you at increased risk of severe illness from COVID-19?
- Have you decided not to receive the COVID-19 vaccine?
- Have you been in close contact with someone who tested positive for COVID in the last 10 days?

If you answered "yes" to any of the above questions, consider delaying travel.

If you are still planning to travel, here are some guidelines to prepare for travel:

- Create a self-care and quarantine plan for yourself and any dependents should you become sick and need someone else to care for them.
- Share with SACReD staff any additional health concerns or nourishment needs you might have in the event that you should become ill.
- Take a COVID test within 1-3 days before your travel.

#### AFTER YOUR TRAVEL

It is possible that you have been exposed to COVID-19 on your travels. You are encouraged to exercise caution and monitor yourself and travel companions following your travel. Take these actions to protect others from getting sick after you return:

- Stay at home and quarantine for 1-2 days following travel.
- When around others, stay at least 6 feet (about 2 arms' length) from other people who are not from your household. It is important to do this everywhere, both indoors and outdoors.
- Wear a mask to keep your nose and mouth covered when you are outside of your home.
- Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- Watch your health and look for symptoms of COVID-19. Take your temperature if you feel sick.
- Self-monitor for symptoms 3-5 days following travel.
- Take a COVID test 3-5 days after travel. If the test is positive, you should isolate yourself to protect others and prevent others from getting sick.
- If you do get sick, follow your self-care plan you developed ahead of your trip. Seek medical attention if your symptoms worsen or you have trouble breathing.
- Contact the SACReD team if you have a positive COVID test within 14 days of returning from travel.

#### SOURCES

Center for Disease Control and Prevention. [Respiratory Virus Guide](#). [Respiratory Guidance Snapshot](#).

[The People's CDC](#)